u3a Torfaen get more out of life derbynwch mwy mas o bywyd

Walking Group Programme for November 2026



Cars will leave **Woodland Road Social Centre at 10.00 PROMPTLY**

unless otherwise indicated (Check your email messages).

You may wish to join a walk at its actual starting point.

The U3A insurance cover does NOT protect you from personal accidents.

You therefore join a walk at your own risk.

Thursday 5th November 2026 Cwm Lickey (2 ½ Hours) Comfortable

Starting from the Mountain Air Car Park this circular 3 mile walk follows mountain footpaths to visit Cwm Lickey Pond and Pen-yr-heol. After leaving the car park there is a climb onto the ridge and there may be cows on the mountain.

Walking boots and walking sticks/poles are highly recommended, as well as suitable waterproofs given recent weather.

Start Point: Mountain Air Car Park (Postcode NP4 5XZ, What3words: songs.issued.ruin)

Fuel Contribution: £2 **Leaders: Jeff and Jane Phillips**

Thursday 19th November 2026 Circular Walk Usk Town to Llanbadoc (2½ Hours)

Mainly Comfortable with Short Steeper Section

This walk offers glimpses of the history of Usk along the route, as well as excellent views of the River Usk and surrounding countryside, and Usk Town itself from a ridge above the river. We start from Twyn Square with its famous clock in Usk, walk through the town and then along the River Usk embankment to Llanbadoc, before taking a short steep section to get to the higher ground. We follow along the higher ground before gradually descending and then recrossing the river to subsequently pass Usk Castle and return to Twyn Square in Usk.

The route is on tarmac in places although we mainly make use of footpaths including across the edge of some fields which can be muddy in places after heavy rain but are avoidable with two stiles. Walking shoes and walking sticks/poles are highly recommended, as well as suitable waterproofs given recent weather.

Fuel Contribution: £2 Leaders**: Jeff Phillips and Jane Phillips**

Start point: Clock Tower in Twyn Square Usk – National Grid Reference SO 378 009.